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| *Business Purpose* | A new janitor at City General Hospital was unaware that a patient awaiting a T&A surgery had sleep apnea. As the janitor was about to clean the room, they noticed that the patient paused in breathing while sleeping causing the oxygen level alarm on the patient’s monitor to sound and in response the janitor pulled the code blue alarm. The purpose of this training is to train all staff regardless of position on the symptoms of sleep apnea and the different ways to treat it.The goal is that upon completion all employees will be able to identify the symptoms of sleep apnea and be prepared to alert nursing staff should a patient need medical intervention.  |
| *Target Audience* | All current non-medical hospital staff, as well as new non-medical staff during their onboarding process.  |
| *Training Time* |  30 minutes eLearning conducted annually. |
| *Training Recommendation* | 1 eLearning course that allows the learner to learn the basics signs of sleep apnea and how it can be treated via a T&A surgery or by a CPAP machine.  |
| *Deliverables* |  1 eLearning course* Developed in Articulate Rise 360
* Knowledge checks and quiz questions
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| *Learning Objectives* | * List some of the symptoms of sleep apnea,
* Summarize the purpose of a sleep study
* Recall what a CPAP machine is used for
* Explain what a T & A surgery is
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| *Training Outline* | * Introduction
* Obstructive Sleep Apnea Obstructive Sleep Apnea (Defining what sleep apnea is) Obstructive Sleep Apnea Symptoms (Identifying the symptoms of sleep apnea)
* Diagnosis and Treatment Sleep Studies (Definition, the purpose) Tonsils and Adenoidectomy Surgery (Definition, the purpose) The CPAP Machine (Definition, the purpose)
* Quiz Quiz
* Summary Summary
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| *Assessment Plan* | 3 Knowledge checks* Quiz at the end
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